



# ALAMEDA MEALS ON WHEELS

## Alameda Friendly Visitors

Newsletter

Fall 2012

### Highlights of Our 16th Annual Wine Tasting and Community Faire



Tom Squire, Assistant Chairman,  
Mark Sorensen, Event Chairman



21 Local Area Wineries Represented



Face Painting Fun with Buki the Clown



Food Sampling from 22 Alameda  
restaurants. Shown: Tucker's David Lee

# SPECIAL THANKS TO OUR SUPPORTERS WE COULDN'T DO THIS WITHOUT YOU!



### Generous underwriting provided by:

A.C.I. Industries – Alameda Auto Lab – Alameda Community Fund – Alameda Elder Communities – Back to Health Chiropractic – Bank of Alameda – Bay Ship & Yacht – Cardinal Point – Catellus Development Group – Cliff Shum, Edward Jones – Don and Sue Lindsey – First Community Bank – Janice Lee – Jet Blue – Mason Management OMM Inc. – Perforce – Southwest Airlines – Terecita Dean, D.D.S. – Timber Dell Properties – Tom Squire – Wind River Systems

### Participating Wineries

Blacksmith Cellars, Chatom Vineyards, Dashe Cellars, Du Vin Wines, Ehrenberg Cellars, Farmstead Cheeses and Wines, Irish Monkey Cellars, JC Cellars, John Robert Eppler Wines, J.Lohr Winery, Mercy Vineyards, Prospect 772, Quady Winery, R & B Cellars, Rock Wall Wine Co., Rosenblum Cellars, Rust Ridge Winery, Sunset Cellars, Thomas Coyne Wines, Urban Cellars and Wine Warehouse

### Food Sampling Provided by:

Acapulco, Alameda Marketplace, Angela's Bistro, Asena, AT Tradition, Blue Dot Café, C'era Una Volta, Dan's Fresh Produce, Donsuemor, Dragon Rouge, Gold Coast Grill, High Street Station, Otaez, Panera, Pappo, Paradiso, Quayside Dining at Cardinal Point, Semifreddi's, Starbucks, Tomatina, Trader Joe's and Tucker's Supercreamed Ice Cream

**And thanks to our community. Your attendance is appreciated**

---

## 23<sup>RD</sup> ANNUAL KOFMAN KICK-OFF DINNER IN MEMORY OF ABE AND SARA KOFMAN



Special thanks to the Kofman family for the many ways they have helped AMOW grow and remain sustainable through the years. The Kofman family support continues with their children and grandchildren.

Pictured are Ed Kofman, Elaine Kofman, Peggy Kofman, Steve Kofman, Ken Kofman and Marlene Kofman.



## Serving Our Community..



Every Tuesday morning, volunteers Vonn Walters and Wilda Knox deliver meals to Fanita. Their visit with Fanita and her pet Bonny is a joy to all. The Meals on Wheels delivery is a wonderful addition to her day. Meals are delivered seven days a week, if needed, and our volunteer corps totals over 150. Call 865-6131 to take meals or volunteer, and add that to your day.



### **“A TASTE OF TUSCANY” SPONSORED BY THE ALAMEDA SOCIAL CLUB**

Meals on Wheels Board Members enjoy an evening at C’era Una Volta with Chef Rudy who provided a menu from his homeland, Tuscany, Italy. “When the Alameda Social Club has an event, they pick a non-profit or charity to give part of the proceeds as a donation to keep the relationship between businesses and the Alameda community strong. Part of the proceeds from “A Taste of Tuscany” went directly to MOW and AFV” said Megan Marshall, partner, Alameda Social Club and volunteer at MOW. Check out [www.alamedasocialclub.com](http://www.alamedasocialclub.com) - a local business helping local non-profits.

## ALAMEDA MEALS ON WHEELS AND ALAMEDA FRIENDLY VISITORS JOIN THE SOCIAL MEDIA REVOLUTION...

Now you can stay in touch with us 24/7.

Get the latest AMOW news, network with your fellow volunteers, post photos, find event information, share compliments, success stories, learn about our key initiatives, how you can help, about our sponsors and more... all on our new Facebook page.

[www.facebook.com/AlamedaMealsOnWheels](http://www.facebook.com/AlamedaMealsOnWheels)

If you'd like to receive our updates by email, please email us at [alamedamow@aol.com](mailto:alamedamow@aol.com)

## As always, we need your help

### Create a Legacy in your Estate Plan

You can make a lasting impact on Meals on Wheels, Friendly Visitors and our community by naming us in your will.

Imagine how much good you can do by remembering Meals on Wheels as we continue to make a significant difference to so many lives in Alameda. We recommend you work with your attorney to ensure that your wishes are carried out. For the purposes of a bequest, our legal name is Alameda Meals on Wheels.

Gifts large and small are important! For more information please call Rosemary Reilly at 510-865-6131.

### Vehicle Donations Making a Difference

Alameda Meals on Wheels has introduced a new vehicle donation program that can benefit both the donor (100% tax write off selling price, if taken) and Alameda Meals on Wheels. Already, these donations are coming in and helping us continue our much needed services. If you have an unwanted car, truck, RV, boat with trailer, or motorcycle, simply call Mark Furrer with Vehicle for Charity at 1-800-574-0888. Vehicles will be picked up, paperwork taken care of, and a check will be sent directly to AMOW.

Please feel free to call the AMOW office at 510-865-6131 or go to [www.VehiclesforCharity](http://www.VehiclesforCharity)

## Other ways to give...

- Consider using specific assets for your charitable gift. These include, but are not limited to: cash, stocks, bonds, CD's, real estate, vehicles, art and jewelry. Such gifts may even provide income tax and estate tax savings
- Name AMOW as a beneficiary (or partial beneficiary) in your pension plan or IRA
- Name AMOW as beneficiary in your life insurance policy
- Remember loved ones with a memorial gift
- Make a donation in honor of someone's birthday, anniversary or wedding

**Thank You    Thank You    Thank You    Call 510-865-6131**